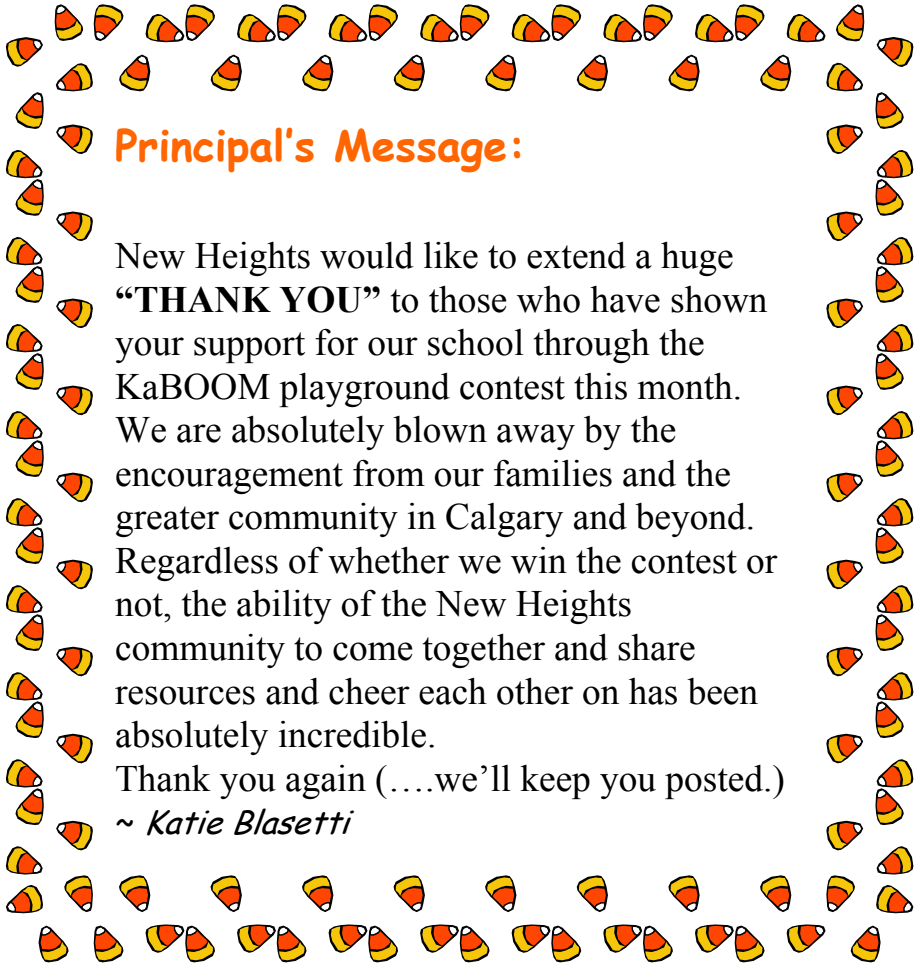


# OCTOBER



## The New Heights Times

*Read all about it ...*



### Principal's Message:

New Heights would like to extend a huge “THANK YOU” to those who have shown your support for our school through the KaBOOM playground contest this month. We are absolutely blown away by the encouragement from our families and the greater community in Calgary and beyond. Regardless of whether we win the contest or not, the ability of the New Heights community to come together and share resources and cheer each other on has been absolutely incredible. Thank you again (...we'll keep you posted.)  
~ Katie Blasetti

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## October 2010

- ### \* IMPORTANT DATES:
- Oct. 21 - AISI Parent Workshop (Jen/OT)
  - Nov. 06 - FALL FUNDRAISER! (Auction & Bake Sale)
  - Nov. 11 - Remembrance Day (School closed)
  - Nov. 22 - PD/Organizational Day (No School)
  - Nov. 23 - F.O.P. Day (No Preschool Classes)

The newsletter is available online!  
[www.newheightscalgary.com](http://www.newheightscalgary.com)

## *Intermediate Class*

### “All Passengers Ready to Board ...“

The Intermediate Class is taking off with a unit we call “Out of a Suitcase” for our Social Studies unit this year. The goal is to raise awareness of the world and community around us, the people in it, and how we as individuals fit into all of that. Each month we “travel” to a new place and have to make sure we’ve appropriately prepared (ie packed for the weather, have the right currency, know what language to expect). Then we are ready to explore the area, making sure we “sightsee” all of the important cultural, historical, and entertaining spots. In September we stayed close to home and discovered our own province of Alberta. This month we’ve gone to Quebec. We’ll continue across Canada until Christmas, and then head around the world in the new year.

Through this unit, the students have raised many questions about the different people that we come across and interact with. To help gain perspective and awareness of living in community, we will be doing a project centering on the needs of others instead of ourselves. In November, the students will be brainstorming items (necessary to live, like those you would pack in a suitcase to travel) and putting together socks to give to the homeless in Calgary through the Mustard Seed downtown. If you would like to join this Intermediate Class project by contributing items or doing your own sock as a family at home, please contact the Intermediate Class teachers.

~ Katie & Angie



## *Senior Class*

Every morning the Senior class spends the first 20 minutes listening to a novel to build on their listening skills and ease into the day. Our first book recently completed was the novel *Skellig* written by David Almond. This novel was beautifully written simultaneously holding the reader's attention. Suspense was prevalent throughout the book. Who and what was Skellig? Was it a man, bird or an angel? The book presents itself as a mystery, an adventure as well as a family story in which the main character (Michael) learns about nature, poetry and the healing power of love.

The response of the students varied. Some thought it unfolded slowly, while others thought it moved at an ideal pace -sustaining the curiosity of its audience. Some enjoyed the possibilities (the imagination of what could be). While others found it started at a hypnotic pace, but ended with a "quick bang". Regardless of the different opinions, this book had something to offer each student in the room.

We are now reading a new book. We are hoping it's equally successful in holding the interests of our listeners. Should you have books or authors you have enjoyed in the past, please feel free to share them with us.

**Happy October!**

~Miss Anderson & Mrs. M. (Mravunac)



## Spider Cupcakes

### what you need

- 1 pkg. (2-layer size) chocolate cake mix
- 1 pkg. (4-serving size) *Jell-O* Chocolate Instant Pudding
- 1/3 cup *Kool-Aid* Orange Sugar Sweetened Drink Mix
- 2 Tbsp. hot water
- 1 container (450 g) vanilla ready-to-spread frosting
- 24 *Oreo* Cookies
- 12 pieces black shoestring licorice (32 inch each)
- 48 miniature candy-coated chocolate pieces

### make it

**PREPARE** cake batter as directed on package. Blend in dry pudding mix. Spoon evenly into 24 paper-lined medium muffin cups. Bake as directed on package for cupcakes. Cool completely.

**DISSOLVE** drink mix in hot water. Stir into frosting until well blended. Use to frost cupcakes, reserving some of the frosting for attaching the candies.

**CUT** each licorice piece into 16 (2-inch) lengths; set aside. Place 1 cookie on top of each cupcake. Insert 4 licorice pieces into frosting on each side of cookie for each spider's legs. (Eight licorice pieces for each cookie.) Use reserved frosting to attach candies to tops of cookies for the spiders' eyes.

### kraft kitchens tips

Make Ahead  
Cupcakes can be decorated up to 8 hours ahead.

### Miss Sarah's Preschool Class:

Happy October everyone! It's hard to believe that a whole month has already passed and we are moving on to exciting new adventures and challenges in the Primary Classroom.

Last month our students celebrated many successes and we were lucky enough to take part in our first school fieldtrip to Kayben Farms! Miss Amanda, Miss Angela and myself are amazed at how quickly everyone is adjusting and we're thrilled to see our students working together to build positive relationships with one another. We learn something new about one another every day and there is no limit to the learning that takes place at New Heights. We hope that you are beginning to see the positive affect that New Heights in having on your child. During the month of October, we will be learning about "Bats" and the many qualities that make these nocturnal creatures interesting.

We are looking forward to implementing a Friday snack program in our classroom, in which every Friday we will be trying a new, healthy snack food.

The students in the Primary classroom continue to enjoy working on art projects, sensory activities and we take the opportunity for body breaks throughout the busy school day!

*~Miss Sarah, Miss Amanda and Miss Angela*



## **April and Sheetal's Preschool Class:**

**We are having a blast in the preschool class! Now that everyone has gotten to know each other and we are all comfortable, we are really getting busy! We will be working on "Brown Bear" by Eric Carle and then Halloween for the rest of the month. We will have a huge Halloween dress-up party on October 29<sup>th</sup>.**

**We have lots of baking to do and crafts to make.**

**We are starting to explore our environment more and we will be taking our first field trip this month! We are also going to start practicing yoga to help with strength and balance.**

**As always, we are working to learn our shapes, colors, categories and opposites with our daily singing and dancing. There have been some exciting additions to our class, as our fish (lovingly named "April", "Sheetal", "Car", "Shoe" and "Help" by the kids), have had some babies. We have so much fun filling the tank and feeding the fish.**

**The excitement never ends in our room! Enjoy the beautiful fall weather everyone!**

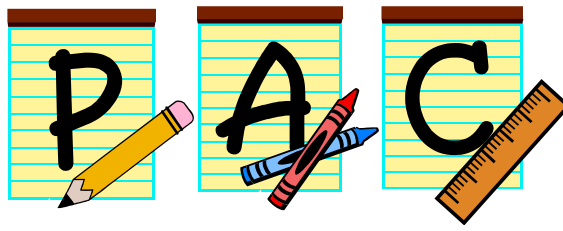


**HAPPY HALLOWEEN!**

## **Junior Class:**

The Junior class will be working on a number of themes this term. Our first theme was Fall. We have looked at the many changes that occur in the fall especially with plants and animals. We went to KayBen Farms and saw how various plants are grown and harvested. We took a field trip to Sandy Beach and collected many exciting samples. We have also been experimenting with light and shadows and mirrors. Our gym wake-ups with Jen have been lots of fun and almost everyone in the class can now do a headstand all by themselves! With Halloween on the way, we will be looking at safety and how to keep safe while having fun at Halloween.

*~Ms. Irwin & Mrs. Lopes*



## Update from PAC (Parent Advisory Council)

Our 1st ever Family Picnic at Bowness Park was such a great success, we plan on making it an annual event! It was a beautiful day where we reconnected with old friends and we had the opportunity to meet some of our new families. Thanks to all of you who came out for the fun!

PAC is now very busy organizing our **4th Annual Fall Fundraiser** (including a Silent Auction and Bake Sale). It's on Saturday, November 6<sup>th</sup> at the school from 10am to 4pm. **EVERYONE** is invited! Bring your friends and family to this popular event ... you won't want to miss it! We are currently looking for donations for the silent auction. Please ask your co-workers, friends, neighbors, local businesses that you frequent - anyone that you feel might be willing to provide the school with a donation. We will gratefully accept ANY donated item or service that you might be able to provide for the auction. Last year's auction was very successful and there were some awesome prize items to be won!

As part of the Fall Fundraiser, we will **raffle off a Calgary Flames Game Box** that seats up to 7 people! This fabulous donation was generously given to us by Rigmanager Ltd. **Tickets will be available this week and we need your help to sell tickets!**

We'd also appreciate any baked goods for the bake sale, so, if you love to BAKE ... please feel free to provide something for that as well! It's a great way to get the kids involved, too.

If you can help **volunteer** for the Fall Fundraiser, please contact Becki at [becki.mravunac@newheightscalgary.com](mailto:becki.mravunac@newheightscalgary.com). It takes a minimal amount of time and the end result is well worth it! Spread the word to your friends and families. We look forward to seeing you there!

Soon, we will be selling Safeway gift cards. These cards are worth dollar for dollar at any Safeway store. For example, if you purchase a \$50 gift card, it is worth \$50 in products at any Safeway store. Further details and order forms will be coming home soon.

Watch for regular updates in the PAC section of the bulletin board in the main foyer at the school for more information on PAC activities.

**Our next PAC meeting will be on November 9<sup>th</sup> at 7:00** at the school. Come out and join us!

Yours truly,  
*The Parent Advisory Council*





### **Freaky Funnies for You!**

**Who did Frankenstein take to the prom?**

*His ghoul friend*

**What's a monster's favorite play?**

*Romeo and Ghoullet*

**What do witches put on their hair?**

*Scare spray*

**Where do ghosts mail their letters?**

*At the ghost office*

**When does a skeleton laugh?**

*When something tickles his funny bone*

**What does a skeleton orders at a restaurant?**

*Spare ribs*

**What do goblins mail home while on vacation?**

*Ghostcards*

**What is a Mummie's favorite type of music?**

*Wrap!*

**What do you get when you cross a black cat with a lemon.**

*Sour-puss*

**How do you mend a broken Jack-o-lantern?**

*With a pumpkin patch*

### **Home Program:**

*Jane Wilde and Betty Heung*

Hello Families !

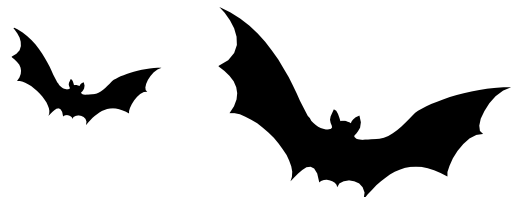
We recently e-mailed you with copies of the updated resource list. This list includes a variety of financial and other supports available to families with children with special needs. Please contact Jane or Betty if you'd like hard copies sent to you.

We'd like to give a warm welcome to Katherine Blenkin, our newest Developmental Assistant to join our team.

We wish you a lovely Autumn!



*Home Program  
Ph.# 403.250.1317*



**EXTRA! EXTRA! ...**

*More headlines making the news:*



CONGRATULATIONS to our school secretary, Anna! She had a healthy **baby boy** last week! Welcome to the world little *Micah John Spencer!* Both mom and baby are doing well.

## **PIZZA THURSDAYS**

are back! ...

The next pizza lunch is on Thursday, Nov. 4th! Please send order form with payment (in cash) to the school by Oct. 26th).

**Thanks to Sharron Hall** for organizing this fun lunch for us!!!

## **4th Annual Fall Fundraiser!**

Don't forget to check out this fabulous event! It includes a silent auction & bake sale, raffle tickets and more ... fun for the whole family! Bring your friends, too.

This event is held at the school on **NOVEMBER 6th** from 10am to 4pm. You won't want to miss it!





## Wish List

If you or your business can supply the school with any of the following items, please contact the office.  
We'd gratefully accept donations of these items!

**THANK YOU!**

- 
- 
- Faux fur coat (or soft oversized coat with pockets)
  - Snowshoes
  - Toques & Mitts
  - UNO Cards
  - ~~- Beanbag chairs~~
  - Sandpaper (large sheets, if possible)
  - Glow in the dark stars
  - Soft blanket
  - Silk fabric
  - Corduroy fabric
  - Paper shredder
  - ~~- 12" Paper trimmer~~
  - Lego
  - Scooter(s)
  - Exercise/Fitness Balls
  - Hand weights
- 
-



We went to Kayben farms. I liked all of my  
 friends that are girls. We had three classes  
 there. We took a farm's tour. We had a scavenger  
 hunt. Then we had lunch at picnic tables.  
 Then we went to the climber. Then we  
 tried to find the corn maze then we bounced  
 on a tramp. The end

A story written by Madilyn in the Jr Class

Written by Emilio in the Jr Class:

We went to Kay Ben Farms. I like The  
Bouncy Pillow. I like The Scooter.  
We looked for The maze.

